Disney
Sing~Along
Disney
FROZEN II

All Is Found

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

QUEEN IDUNA
Where the Northwind
Meets the sea
There's a river
Full of memory
Sleep my darling
Safe and sound
For in this river all is found

In her waters
Deep and true
Lie the answers
And a path for you
Dive down deep
Into her sound
But not too far
Or you'll be drowned

Yes, she will sing to those who hear
And in her song, all magic flows
But can you brave what you most fear?
Can you face what the river knows?

Where the Northwind
Meets the sea
There's a mother
Full of memory
Come my darling,
Homeward bound
When all is lost
Then all is found

Some Things Never Change

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

ANNA
Yes, the wind blows a little bit colder
And we're all getting older
And the clouds are moving on with every autumn breeze
Peter pumpkin just became fertilizer

OLAF
And my leaf's a little sadder and wiser

ANNA
That's why I rely on certain certainties...
Yes
Some things never change
Like the feel of your hand in mine
Some things stay the same

ANNA AND OLAF
Like how we get along just fine

ANNA
Like an old stone wall
That'll never fall
Some things are always true!
Some things never change
Like how I'm holding on tight to you.

KRISTOFF
The leaves are already falling
Sven, it feels like the future is calling!

KRISTOFF (AS SVEN)
Are you telling me tonight you're going to get down on one knee?

KRISTOFF
Yeah, but I'm really bad at planning these things out
Like candlelight and pulling of rings out

KRISTOFF (AS SVEN)
Maybe you should leave all the romantic stuff to me

KRISTOFF
Yeah, some things never change
Like the love that I feel for her
Some things stay the same
Like how reindeers are easier
But if I commit
And I go for it
I'll know what to say and do!
Right?

KRISTOFF (AS SVEN)
Some things never change…

KRISTOFF
Sven, the pressure is all on you.

ELSA
The winds are restless
Could that be why I'm hearing this call?
Is something coming?
I'm not sure I want things to change at all.
These days are precious, can't let them slip away…
I can't freeze this moment
But I can still go out and seize this day!!

ARENDELLE
Ah-ah-ah-ah-ah-ah
Ah-ah
The wind blows a little bit colder

OLAF
And you all look a little bit older!

ANNA
It's time to count our blessings

KRISTOFF AND ANNA
Beneath an autumn sky!

ARENDELLE
We'll always live in a kingdom of plenty
That stands for the good of the many!

ELSA
And I promise you the flag of
Arendelle will always fly!!

ANNA
Our flag will always fly!

ARENDELLE
Our flag will always fly!

ALL
Some things never change
Turn around and the time has flown
Some things stay the same
Though the future remains unknown
May our good luck last
May our past be past
Time's moving fast, it's true!

ELSA/ANNA/KRISTOFF/OLAF
Some things never change

ANNA
And I'm holdin' on
tight to you…

ELSA
Holdin' on tight to you…

OLAF
Holdin' on tight to you…

KRISTOFF
Holdin' on tight to you…

ANNA
I'm holdin' on tight to you…

Into the Unknown

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

THE VOICE
Ah-ah-ah-ah
Ah-ah-ah-ah
Ah-ah-ah-ahh--ah-ah

ELSA
I can hear you
But I won't.

Some look for trouble
While others don't.
There's a thousand reasons I should go about my day
And ignore your whispers
Which I wish would go away…
Oh oh oh

THE VOICE
Ah-ah-ah-ah

ELSA
Oh-oh

THE VOICE
Ah-ah-ah-ahh--ah-ah

ELSA
You're not a voice.
You're just a ringing in my ear
And if I heard you (which I don't)
I'm spoken for, I fear.
Everyone I've ever loved is here within these walls
I'm sorry, secret siren, but I'm blocking out your calls.

I've had my adventure
I don't need something new!
I'm afraid of what I'm risking if I follow you

Into the unknown…
Into the unknown…
Into the unknown!

THE VOICE
Ah-ah-ah-ah

ELSA
<sigh>

THE VOICE
Ah-ah-ah-ahh--ah-ah

ELSA
What do you want?
'Cause you've been keeping me awake.
Are you here to distract me
So I make a big mistake?

Or are you someone out there who's
a little bit like me?
Who knows deep down I'm not where
I'm meant to be?
Every day's a little harder as
I feel my power grow!
Don't you know there's part of me
that longs to go…
Into the unknown?
Into the unknown!
Into the unknown!!

THE VOICE
Ah-ah-ah-ah
Ah-ah-ah-ah

ELSA
Oh-oh-oh
Are you out there?
Do you know me?
Can you feel me?
Can you show me?
Ah-ah ah-ah!

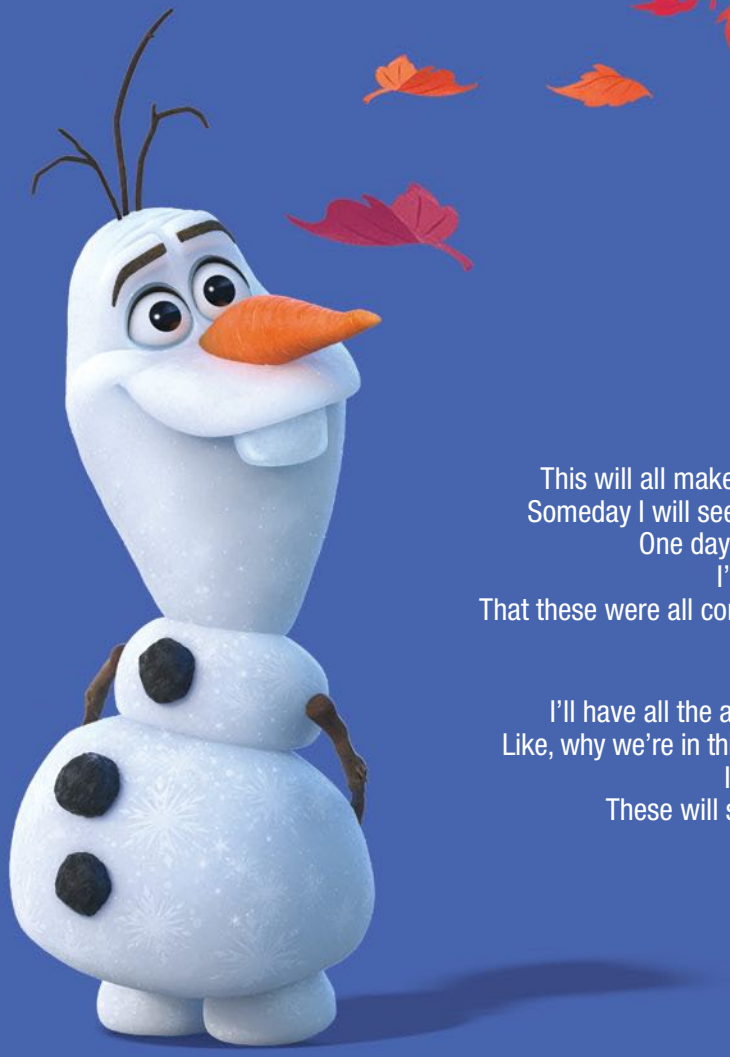
THE VOICE
Ah-ah-ah-ah!

ELSA
Ah-ah ah-ah!

THE VOICE
Ah-ah-ah-ah!

ELSA AND THE VOICE
Ah-ah ah-ah
Ah-ah ah-ah
Ah-ah ah-ah!
Ah-ah ah-ah!
Ahhhhhhhh!

ELSA
Where are you going?
Don't leave me alone!
How do I follow you
Into the unknown?



When I Am Older

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

OLAF

What was that?!
Samantha?

This will all make sense when I am older
Someday I will see that this makes sense.
One day when I'm old and wise,
I'll think back and realize
That these were all completely normal events!

Aaaaagh!

I'll have all the answers when I'm older!
Like, why we're in this dark, enchanted wood
I know in a couple years
These will seem like childish fears,
And so I know
This isn't bad,
It's good

Excuse me.

Growing up
Means adapting
Puzzling out your world and your place!
When I'm more mature
I'll feel totally secure
Being watched by something with
a creepy, creepy face.

AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA
AAAAAAAAAAAAAAAAAAAAAAAAAH!!!

See, that will all make sense when I am older
So, there's no need to be terrified or tense
I'll just dream about a time
When I'm in my agéd prime
'Cause when you're older,
Absolutely everything makes sense!

This is fine.

Reindeer(s) Are Better Than People (Cont.)

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

KRISTOFF
Reindeers are better than people
Sven, why is love so hard?

KRISTOFF (AS SVEN)
You feel what you feel and those feelings are real
Come on Kristoff, let down your guard

Lost in the Woods

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

KRISTOFF
Again, you're gone
Off on a different path than mine
I'm left behind - wondering if I should follow
You had to go
And, of course, it's always fine
I prob'ly could catch up with you tomorrow

But is this what it feels like to
be growing apart?
When did I become the one who's
always chasing your heart?

Now I turn around and find
I am lost in the woods
North is South
Right is left
When you're gone
I'm the one who sees you home
But now I'm lost in the woods
And I don't know what path you are on
I'm lost in the woods

Up 'til now
The next step was a question of how
I never thought it was a
question of whether
Who am I
If I'm not your guy?
Where am I if we're not together?!!
Forever!!!!

Now I know you're my true North
'Cause I am lost in the woods!!
Up is down
Day is night
When you're not there!
Oh, you're my only landmark
So, I'm lost in the woods
Wondering if you still care
But I'll wait
For a sign!

SVENS
For a sign

KRISTOFF
That I'm your path
'Cause YOU are mine!!

SVENS
You are mine!

KRISTOFF
Until then
I'm lost in the woods!

SVENS
Lost in the woods,
lost in the woods...
In the woods,
Lost in the woods...

KRISTOFF
I'm lost in the woods!

SVENS
Lost in the woods!
I'm lost!

KRISTOFF
I'm lost in the woods.

Show Yourself

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

ELSA
Every inch of me is trembling
But not from the cold
Something is familiar
Like a dream I can reach
But not quite hold

I can sense you there
Like a friend I've always known
I'm arriving
And it feels like I am home

I have always been a fortress
Cold secrets deep inside
You have secrets too
But you don't have to hide

Show yourself
I'm dying to meet you
Show yourself
It's your turn

Are you the one I've been looking
for all of my life?!
Show yourself!
I'm ready to learn...

Ah-ah-ah-ah

THE VOICE
Ah-ah-ah-ah
Ah-ah-ah-ah

ELSA
I've never felt so certain
All my life I've been torn
But I'm here for a reason
Could it be the reason I was born?

I have always been so different
Normal rules did not apply
Is this the day
Are you the way
I finally find out why!!?

Show yourself!
I'm no longer trembling!

Here I am, I've come so far!
You are the answer I've waited
for all of my life!
Oh, show yourself
Let me see who you are…

Come to me now
Open your door
Don't make me wait
One moment more!

Oh, come to me now
Open your door
Don't make me wait
One moment more!

CHORUS
Where the Northwind meets the sea

THE VOICE
Ah-ah-ah-ah

CHORUS
There's a river

THE VOICE
Ah-ah-ah-ah

CHORUS
Full of memory

MEMORY IDUNA
Come my darling, homeward bound

ELSA
I am found!

ELSA AND MEMORY IDUNA
Show yourself!

CHORUS
Ah-ah

ELSA AND MEMORY IDUNA
Step into your power
Grow yourself into something new

MEMORY IDUNA AND CHORUS
You are the one you've been waiting for

ELSA
All of my life

MEMORY IDUNA AND CHORUS
All of your life

ELSA
Oh, show yourself

MEMORY IDUNA AND CHORUS
You

ELSA
Ah-ah-ah-ah!

CHORUS
Ah-ah-ah-ah

ELSA
Ah-ah-ah-ah!

CHORUS
Ah-ah-ah-ah

ELSA
Ah-ah-ah-ah!!!

The Next Right Thing

Music and Lyrics by Kristen Anderson-Lopez and Robert Lopez
Published by Wonderland Music Company, Inc. (BMI)

ANNA

I've seen dark before
But not like this
This is cold
This is empty
This is numb
The life I knew is over
The lights are out
Hello darkness, I'm ready to succumb

I follow you around
I always have
But you've gone to a place I cannot find
This grief has a gravity
It pulls me down

But a tiny voice
Whispers in my mind…

You are lost
Hope is gone
But you must go on
And do the next right thing

Can there be a day
Beyond this night?
I don't know anymore what is true
I can't find my direction
I'm all alone
The only star that guided me was you

How to rise
From the floor
When it's not you I'm rising for?
Just do the next right thing

Take a step
Step again
It is all that I can
To do the next right thing

I won't look too far ahead
It's too much for me to take
But break it down to this next breath
This next step
This next choice
Is one that I can make!

So, I'll walk
Through this night
Stumbling blindly toward the light
And do the next right thing
And with the dawn
What comes then?
When it's clear that everything will never be the same again?

Then I'll make the choice
To hear that voice
And do the next right thing

Disney FROZEN II

INSTRUMENTAL VERSIONS

1. All Is Found
2. Some Things Never Change
3. Into the Unknown
4. When I Am Older
5. Reindeer(s) Are Better Than People (Cont.)
6. Lost in the Woods
7. Show Yourself
8. The Next Right Thing

Executive Album Producer: Dani Markman
Clearances: Alison Koerper

Album Design: Steve Sterling

International Rights Secured. Not for broadcast transmission. All rights reserved.
DO NOT DUPLICATE. NOT FOR SEPARATE RENTAL.
All Lyrics Reprinted by Permission. Lyrics may not be reproduced, stored, or transmitted in any form by any means without prior, written consent of the applicable music publisher.

Walt Disney Records

℗ 2019 Walt Disney Records under exclusive license to Universal International Music B.V.
© Disney
Unauthorized duplication and use prohibited.
00050087434663